

# Trainhaler™

Trainhaler is the first simple pMDI training system to provide flow and co-ordination coaching.

“Successful training in inhaler technique depends upon effective communication or proper technique and its purpose, and monitoring to ensure that the skills have been learned and retained,” (1)

## Product Information

Trainhaler is a placebo-like pMDI training device. With the addition of a Flo-Tone Trainer, it becomes the essential tool for healthcare professionals to teach inhaler technique (flow and co-ordination).

The Trainhaler is suitable for multi-patient use, with the Flo-Tone Trainer mouthpiece being replaced for individual patients.

When the patient inhales from the Trainhaler Training system, they will hear a whistle that confirms their flow rate is adequate. The start of the whistle sound is the signal to press the canister (they will hear a noise similar to a pMDI). The whistling sound should be maintained for 5 seconds, if possible. This ensures that the patient is inhaling gently, at the correct flow rate.

## What is this Product used for?

Trainhaler is designed to be used by healthcare professionals to coach patients, helping them to improve their inhaler technique.



## Product Features and Benefits

- Contains no medication (placebo-like)
- No HFA ( but sounds the same)
- For multi-patient use (can be cleaned easily)
- Flow rate guidance with Flo-Tone attachment (whistle)
- Firing signal for easy co-ordination when Flo-Tone device is attached
- Low-cost option for inhaler technique training
- Teaches correct flow rate, with the ability to master inhale/actuate co-ordination
- Simple, non-electronic training device, can be used anywhere

## Product Suitability

Hospital



Clinic



### Technical Specifications

Dimensions: 60 x 35 x 95mm

Weight: 30g

### Part Code

Trainhaler with Flo-Tone Trainer (pack of 1 each): 3152070

In-Check Flo-Tone Trainer Regular (pack of 10): 3152002

### Flo-Tone Accessories

#### In-Check Flo-Tone Trainer

The device is to be attached to Trainhaler or a placebo pMDI training inhaler. The device is supplied in boxes of 10.



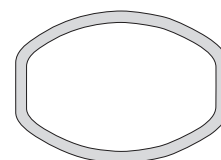
Instructions of how to use the device are printed on the box in four different languages:

- English
- French
- German
- Spanish

These instructions can also be obtained from the following website: [www.flo-tone.com](http://www.flo-tone.com)

#### In-Check Flo-Tone

In-Check Flo-Tone Trainer: fits Trainhaler and regular (barrel-shaped) inhaler mouthpieces.



Ref 1: Sanchis J, Corrigan C, Levy ML, Inhaler Devices: From Theory to Practice. Respiratory Medicine (2013).